

District Wellness Committee Meeting

**December 4, 2019 3:15-4:00/ B218**

**Attendance:**

Kristen Seyfried (District Wellness Coordinator; MS/HS Health)  
Sandi Bastedo (SOAR)  
Heather Bachman (GV Boces)

Larry Lang (CS Athletic Director)  
Kirk Cavalier (Fidelis)  
Michael Hayden (Superintendent)

**Program Updates:**

**Creating Healthy Schools and Communities:** We have received a \$15,000 grant and will be using a large portion of the money towards refillable water bottle drinking fountains for both schools. The remainder of the money, depending on what is left, will be used for PE equipment and/or the Leadership Academy (if we decide to apply- this will be decided by next week)

**District Wellness Policy:** The SHI Scorecard for Physical Education and Physical Activity Programs (Module 3) will be sent to students and staff to complete in January once we are back from vacation.

**SOAR:** They would like to see more school/ community partnership. They are hoping to do a 14-day challenge in January/February and would like more participation with the school/staff members. To have more school staff presence at the Holiday Parade next year, we will advertise it more to encourage participation. A community prom, community (rock) band, and community cooking classes in the new elementary kitchen were also discussed as ways to bridge the school and community gap. We will continue to work on ways and ideas to bridge the gap and create more partnerships with the school and community.

**Fidelis:** We will be inviting Fidelis to all school events (open house, community carnival, etc.) They will also be invited to participate in the telemedicine event next year through the pilot program at the Elementary School

**Next Steps:**

- Complete Healthy Schools and Communities Grant
- Advertise upcoming events to staff and encourage participation

**\*Next Meeting: January 15, 2019 Location: B218 (MS/HS Building)**